

## Baking You Happy: Gluten-Free Recipes from Sweet Freedom Bakery (100% vegan)

Allison Lubert

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# Baking You Happy: Gluten-Free Recipes from Sweet Freedom Bakery (100% vegan)

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Baking You Happy: Gluten-Free Recipes from Sweet Freedom Bakery (100% vegan) Allison Lubert Food allergies and sensitivities are becoming ever more mainstream. As people become increasingly aware of how diet impacts their health and well-being, there is a growing need for cookbooks that address their concerns. This cookbook contains over 50 recipes for delicious desserts and breakfast treats that are not only gluten-free, but are also 100% vegan (without animal products), and free of soy, peanuts, corn, refined sugars, and artificial ingredients.

- Author Allison Lubert, owner of Philadelphia's **Sweet Freedom Bakery**, reveals the secrets of her kitchen, offering easy-to-follow recipes, plus helpful tips on ingredients and resources.
- Each recipe comes with a luscious full-color photograph.
- Includes 50 vegan-friendly, gluten-free, sugar-free recipes for a wide range of classic sweets, from scones to cupcakes with frosting.
- Paperback.
- 144 pages.
- Full-color photographs by Rachel McGinn throughout.
- 8 inches wide by 10 inches high (23.5 cm wide by 24.77 cm high).
- Now everyone can bake happy -- at home!

Since opening in 2010, Philadelphia's **Sweet Freedom Bakery** has been dishing out its delicious cupcakes, donuts, cookies, muffins, and more, to thousands of dedicated fans. The business recently expanded with a new location in Collingswood, New Jersey, and, with the growth of its online business, it's become clear that people outside of Philadelphia and New Jersey want a taste of Sweet Freedom, too!



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