



# Adult Coloring Journal: Co-Anon (Sea Life Illustrations, Tribal Floral)

*Courtney Wegner*

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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In this period of time globalization it is important to someone to acquire information. The information will make anyone to understand the condition of the world. The fitness of the world makes the information easier to share. You can find a lot of references to get information example: internet, newspapers, book, and soon. You can see that now, a lot of publisher which print many kinds of book. The actual book that recommended to you is Adult Coloring Journal: Co-Anon (Sea Life Illustrations, Tribal Floral) this publication consist a lot of the information of the condition of this world now. This specific book was represented just how can the world has grown up. The words styles that writer value to explain it is easy to understand. The particular writer made some research when he makes this book. That is why this book appropriate all of you.

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