



Adult Coloring Journal: Survivors of Incest Anonymous (Animal Illustrations, Nautical Floral)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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From reader reviews:

Charles Valentine:

This Adult Coloring Journal: Survivors of Incest Anonymous (Animal Illustrations, Nautical Floral) are reliable for you who want to be a successful person, why. The key reason why of this Adult Coloring Journal: Survivors of Incest Anonymous (Animal Illustrations, Nautical Floral) can be one of several great books you must have is giving you more than just simple studying food but feed you with information that possibly will shock your preceding knowledge. This book is definitely handy, you can bring it everywhere you go and whenever your conditions in the e-book and printed ones. Beside that this Adult Coloring Journal: Survivors of Incest Anonymous (Animal Illustrations, Nautical Floral) forcing you to have an enormous of experience including rich vocabulary, giving you test of critical thinking that we all know it useful in your day pastime. So , let's have it and revel in reading.

Lillian Robbins:

Why? Because this Adult Coloring Journal: Survivors of Incest Anonymous (Animal Illustrations, Nautical Floral) is an unordinary book that the inside of the publication waiting for you to snap that but latter it will zap you with the secret that inside. Reading this book next to it was fantastic author who all write the book in such incredible way makes the content inside of easier to understand, entertaining method but still convey the meaning fully. So , it is good for you for not hesitating having this ever again or you going to regret it. This excellent book will give you a lot of gains than the other book have got such as help improving your talent and your critical thinking technique. So , still want to hold off having that book? If I were being you I will go to the e-book store hurriedly.

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