



No Miracle Cures: A Multifactorial Guide to Stuttering Therapy

Thomas David Kehoe

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Stuttering is caused by at least five factors: genetics, two neurological abnormalities, responses to stress, and speech-related fears and anxieties. But most stuttering therapy programs address only one issue, such as breathing a certain way, or not hiding your stuttering. Each might help you in some situations, but you still stutter in other situations. *No Miracle Cures* instead guides you through treatments for all five factors that contribute to stuttering. You'll find the best treatments for children, teenagers, adults who stutter mildly, and adults who stutter severely. Stuttering may seem like one big problem to you. *No Miracle Cures* breaks down stuttering into many small problems and shows you how to solve each one.

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