



# **The Race Within: Passion, Courage, and Sacrifice at the Ultraman Triathlon**

*Jim Gourley*

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The Ultraman Triathlon, one of the most remarkable endurance races in the world, is a three-day, 320-mile race that circumnavigates the Big Island of Hawaii. With only 40 competitors allowed in each year, this invitation-only event hosts some of the most superlative athletes on the planet. *The Race Within* discusses the 30-year history of the sport and race director Jane Bockus, former Pan Am flight attendant who has never done a triathlon, yet has dedicated herself to keeping the event true to its founding spirit for decades. This book follows Jane, her assistants, and a small cast of athletes through an entire year—from the end of the 2012 Ultraman to the 2013 event—and shows how they faced new challenges to the growth and well-being of the event, and were forced to question if old traditions could survive in a world of constantly-evolving sports entertainment. Granted full access to the race and the athletes, author Jim Gourley presents a look at this unique event and examines what it means to truly love sports.

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#### **Deborah Hayes:**

The event that you get from *The Race Within: Passion, Courage, and Sacrifice at the Ultraman Triathlon* could be the more deep you digging the information that hide inside words the more you get enthusiastic about reading it. It doesn't mean that this book is hard to understand but *The Race Within: Passion, Courage, and Sacrifice at the Ultraman Triathlon* giving you excitement feeling of reading. The author conveys their point in a number of way that can be understood simply by anyone who read this because the author of this book is well-known enough. That book also makes your own personal vocabulary increase well. That makes it easy to understand then can go along, both in printed or e-book style are available. We highly recommend you for having this kind of *The Race Within: Passion, Courage, and Sacrifice at the Ultraman Triathlon* instantly.

#### **Joel Jones:**

A lot of people always spent all their free time to vacation as well as go to the outside with them friends and family or their friend. Did you know? Many a lot of people spent they will free time just watching TV, or even playing video games all day long. If you wish to try to find a new activity here is look different you can read any book. It is really fun for you. If you enjoy the book you read you can spent all day every day to reading a book. The book *The Race Within: Passion, Courage, and Sacrifice at the Ultraman Triathlon* it doesn't matter what good to read. There are a lot of folks that recommended this book. They were enjoying reading this book. In the event you did not have enough space to deliver this book you can buy the particular e-book. You can m0ore very easily to read this book from a smart phone. The price is not to cover but this book has high quality.

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