



Understanding MDMA Psychedelic Therapy: An Easy-to-Read Guide to the Controversies, History, and Future of MDMA / Ecstasy Therapy

Jackson Hager

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A user-friendly introduction to the emerging use of MDMA (adam, ecstasy, molly) in therapy for anxiety, PTSD, and more. Here are the Naked Facts about the fascinating, controversial therapies that are now being investigated using MDMA and other psychedelic drugs: -How psychedelic therapy works and where it came from -The legacy of LSD and the war on drugs, and its effects on today's therapy landscape -Why people argue about the medical use of MDMA -Where to go for more information. Do you want to know more about how MDMA therapy works, its benefits and dangers, and why it's controversial? Medical research using human subjects has only just started, but MDMA is already showing remarkable abilities to enhance talk therapy and may even be therapeutic by itself. If you are interested in the recent developments in psychedelic therapy using MDMA, this book is for you. Carefully researched and accessibly written, this book brings you the solid facts on one of the world's most interesting and controversial therapies.

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