



Brown Pony Series: Book One: Introduction to Hippotherapy (Volume 1)

Rebecca Cook

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Hippo is the Greek word for horse and Hippotherapy is therapy with the help of a horse. Sit back and enjoy learning about hippotherapy in Book One of the Brown Pony Series. Your journey begins with a touching and true vignette, one family's experience of hippotherapy treatment with their child who has autism. Through this endearing children's story, you'll learn some of the amazing benefits when people with disabilities partner with horses in the therapy arena. Do you really know the differences between hippotherapy and therapeutic riding? Clearly learn why this is important and how to choose a program that meets a child's needs. Were you aware that horse activities may be contraindicated for a person? The Achilles Heel is exposed! Book One finishes with a bonus discovery section on how to find out if insurance will cover your therapy. What books are available in the Brown Pony Series? Book One: Introduction to Hippotherapy Book Two: Risk Management and Safety in Hippotherapy Book Three: Considering Hippotherapy in Your Career Plans Book Four: The Business of Hippotherapy PLUS ... Barn Rules: A Companion Book to the Brown Pony Series - A teaching tool of basic barn rules in social stories and pictures for instructors, riders, parents, and volunteers. Tally Up: A Companion Book to the Brown Pony Series - Checklists created from a task analysis of showmanship and riding skills that can be used to improve understanding of a Judge's class placing's and to provide a foundation of skills to practice for competition. Also, a great breakdown of skills for an instructor to use in lesson planning. Safe Horse Handling: A Companion Book to the Brown Pony Series - Increase awareness of common sense safety to implement when working around horses. Some of the tips may be inadvertently overlooked until there is an accident. Great for equine instructors, therapeutic riding volunteer training, and equine assisted activity and therapy programs. Incorporating Games in Hippotherapy: A Companion Book to the Brown Pony Series - Play is the "work" of the child (and the de-stressor of the adult). Play engages the whole person: imagination, emotion, cognition, and engagement, along with the physical skills components of the game activities. Games can build in a reason for completing various ring figures, speed changes, stops and starts. Learn ideas for layering on goal-oriented game activities in a hippotherapy session.

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