



# Les Fruits: Savory and Sweet Recipes from the Market Table

*Pascale Beale*

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## **Les Fruits: Savory and Sweet Recipes from the Market Table** Pascale Beale

From the delectable Pluot Bruschetta (cover), and Heirloom Tomato Tart Tatin, a savory play on a French favorite, to a fragrant Lamb and Apricot Tajine with Ras el Hanout; from Pomegranate, Persimmon Forbidden Rice and the show-stopping Fig Leaf Roasted Salmon with Fig-Fennel Relish, to the humble Eton Mess, an English classic, *Les Fruits: Savory and Sweet Recipes from the Market Table* highlights the versatility of fruit as the main event— forever redefining savory appetizers, salads, main courses, and, naturally, sweet desserts. Grouped by key ingredient and accompanied by stunning full-page photos, engaging anecdotes and approachable recipes, *Les Fruits* showcases seasonal fruit in every course, and for every season.

In *Les Fruits*, author Pascale Beale takes inspiration from, among other things: an Alpine hike during a summer family reunion; the generosity of neighbors who shared from their abundant gardens; a Salvador Dali painting; the irresistible bounty found at the local farmers markets; and more, all delightfully intertwined with indelible childhood memories of cooking with her French grandmother and their shared obsession of searching for the perfect piece of fruit.

Highlighting the tastes, colors and textures of twenty different fruits, Pascale has created nearly 100 recipes, brimming with glorious colors, innovative ingredients, and savory and sweet surprises. Her passion for great food, seasonal ingredients and unexpected flavor combinations, along with her sense of style and ease, make this, her seventh book, a must-have for experienced and aspiring cooks alike.

Wildly colorful, thoroughly engaging and with spectacular dishes that both satisfy and impress, *Les Fruits* is as luscious, compelling and welcome as the first ripe peach of summer.

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