



Stitch, Fabric & Thread: An inspirational guide for creative stitchers

Elizabeth Healey

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This inventive book is a treasure trove of over 40 inspiring practical exercises, a rich and creative exploration of fabric and stitch, and a fascinating all-round read.

The exercises draw inspiration from around the world: create corded works of art inspired by Milton Glaser's iconic Bob Dylan album cover; create bold embroidered African masks; layer up and cut away to create Mola applique; use bleach and fabric paint to create Aboriginal dreamtime lizards; create knotted works of art inspired by ancient Mayan counting systems; embroider varsity cross-stitch letters or try out decorative Japanese book binding. Alternatively, try a host of other techniques such as quilting, printing, dyeing, couching tumbled crockery, creating pleats and puckers and needlelace. The book also contains 'behind the stitches' features: illuminating insights into sewing movements such as Boro textiles, Gee's Bend quilting and Dorset buttons.

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