

## The Calm Coloring Book: Creative Art Therapy For Adults (Coloring Books for Grownups) (Volume 2)

Meg Cowley

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The Calm Coloring Book is filled with peaceful and uplifting vibes - every nature & mandala inspired illustration has a positive theme.

The twenty-eight detailed, hand-drawn illustrations are waiting for you to bring them to life with color! When inspiration strikes, you can add in your own doodles and drawings wherever you'd like.

This book is for colorists of all ages to enjoy - including adults. After all, coloring shouldn't just be for kids grownups need to have fun too!



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