



## **The Organizational Psychology of Sport: Key Issues and Practical Applications**

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# The Organizational Psychology of Sport: Key Issues and Practical Applications

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This ground-breaking book is the first to provide a comprehensive overview of how organizational psychology can be used to understand and improve performance in elite sport. Using recent theoretical advances from this burgeoning area of research, each chapter offers key conceptual issues and practical insights across a range of topics.

The book is structured into four constituent parts,

- Attitudes and emotions in sports organizations
- Stress and well-being in sports organizations
- Behaviors in sports organizations
- Environments in sports organizations

Covering key areas such as attitudes to employment, conflict and change management, leadership, and relationships with the mass media, the book shines a spotlight on how organizational issues play a fundamental role in the experience of individuals and teams.

In an era of ever-increasing professionalism in sport, the book provides an invaluable new perspective on performance at the elite level. Including contributions from an international range of academics and practitioners, it will be essential reading for any student or practitioners within sport and exercise psychology.

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