



**Change Your Game, Change Your Life: How a simple shift in focus will completely transform your relationship to golf-And everything else!**

*Andrew McKee*

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Once a card carrying 1-handicap who loved golf and played or practiced at least four times a week, I had become a 12-handicap (or higher!) and found golf exhausting and insufferable. (and my playing partners found me exhausting and insufferable!) How could I have descended so far? On the verge of giving up the game forever, I went to the range one last time upon encouragement from a friend of mine to bid golf a final farewell. And that was the intent, until I experienced an epiphany that completely changed my relationship to the game and lowered my handicap by more than 10 strokes in less than a week! My energy and love for the game was raised beyond anything I had experienced. Impossible? One would think so, but it happened. The epiphany revealed a simple, yet profoundly powerful concept that completely transformed the very foundation of my relationship to the great game of golf. Beyond that, and perhaps more powerful, I realized that the foundation of my relationship to golf was the same foundation I shared with all relationships in my life! If you want to understand how this transformation happened and experience one for yourself, start reading now!

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