



# Guide to Assessment Scales in Major Depressive Disorder

*George Alexopoulos, Siegfried Kasper, Hans-Jürgen Möller, Carmen Moreno*

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This concise guide provides psychiatrists (including trainees) and general practitioners with a comprehensive overview of the most clinically relevant assessment scales and tools in order to assist with and enhance diagnostic outcomes in depression.

Depression is one of the most common mood disorders across the globe, with a lifetime prevalence across all people of 8-10%. Despite being relatively common, depression remains severely underdiagnosed across all age groups and nationalities.

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