



Bottles, Hearts, and Souls: Living with Alcoholism

Annie B. Norman

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If you know, live with, or love an alcoholic, you will want to read this book. It is an easy, fun read, full of applicable solutions. It will give you a better understanding of the disease of alcoholism and how to cope with it on a daily basis. It is written by someone who has lived, loved, and spent a lifetime with alcoholics. Living with the disease of alcoholism is too much for most of us; that is why Annie has been in a recovery program for non-drinkers for the past thirty-one years. This book teaches you how to apply common sense solutions to everyday life in the dilemma of alcoholism. The best thing about this book is; it works if you work it.

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