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Reversing Diabetes Cookbook

Julian M./ Dace, Peggy Whitaker



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Reversing Diabetes Cookbook

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Reversing Diabetes Cookbook Julian M./ Dace, Peggy Whitaker A collection of more than two hundred kitchen-tested recipes features appetizers, entrees, side dishes, and desserts specifically designed for the dietary needs of patients with type 2 diabetes, in a volume complemented by full nutritional breakdowns. Ori Title: Reversing Diabetes Cookbook Author: Whitaker, Julian M./ Dace, Peggy Publisher: Grand Central Pub Publication Date: 2004/08/01 Number of Pages: 340 Binding Type: PAPERBACK Library of Congress: 2003059567

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