



Mothering Twins: From Hearing the News to Beyond the Terrible Twos

Linda Albi, Deborah Johnson, Debra Catlin, Donna Florian Deurloo, Sheryll Greatwood

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Invaluable real-life advice and emotional support for mothers of multiples.

Meeting the double challenge and reaping the double rewards of having twins can be both exhilarating and exhausting. In this comprehensive guide to twin pregnancy, birth, and early childhood, five mothers, with six sets of twins among them, share their experiences from the first thrill of seeing two heads on the ultrasound screen to coping with two toddlers determined to go in two directions at once. They offer a variety of "it worked for me" solutions to the many situations unique to caring for twins, whether it's dealing with the complications of a high-risk pregnancy, creating effective support systems, or simply trying to find time for their husbands and themselves.

Emphasizing individuality and adaptability, the authors of *Mothering Twins* encourage each mother to develop her own parenting approach, based on what's best for her and her children.

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Hilda Dumas:

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Jaclyn Utecht:

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