



Cognitive Psychology For Dummies

Peter J. Hills, Michael Pake

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Demystify the core concepts of cognitive psychology

Written specifically for psychology students – and not other academics - *Cognitive Psychology For Dummies* is an accessible and entertaining introduction to the field. Unlike the dense and jargon-laden content found in most psychology textbooks, this practical guide provides readers with easy-to-understand explanations of the fundamental elements of cognitive psychology so that they are able obtain a firm grasp of the material.

Cognitive Psychology For Dummies follows the structure of a typical university course, which makes it the perfect supplement for students in need of a clear and enjoyable overview of the topic. The complexities of a field that explores internal mental processes – including the study of how people perceive, remember, think, speak, and solve problems – can be overwhelming for first-year psychology students. This practical resource cuts through the academic-speak to provide a clear understanding of the most important elements of cognitive psychology.

- Obtain a practical understanding of the core concepts of cognitive psychology
- Supplement required course reading with clear and easy-to-understand overviews
- Gain confidence in your ability to apply your knowledge of cognitive psychology
- Prepare for upcoming exams or topic discussions

Cognitive Psychology For Dummies is the perfect resource for psychology students who need a clear and readable overview of the core concepts of cognitive psychology.

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