



First Aid for Enablers

Dr. David Curry

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A starter guide to developing healthy boundaries with the addict in your life, First Aid for Enablers will help you understand how easy it is to become part of the support system of addiction that enables addicts to survive while their world is crumbling around them. In addition, you'll learn the life-saving treatments which you will need to build a healthy emotional life, cope with the addict's chaotic behavior and build a network of support that will encourage the addict to get free from the substances that are destroying him...and creating chaos for you.

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