



Winning at a Losing Game

Tom Prinz

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All adults are currently playing a losing game in some area of their lives. However, most adults do not realize this truth until they experience a crisis and/or inflict harm on themselves and on those they love. Winning at a Losing Game will help you to identify your losing game and encourage you to change your game so that your life and the lives of those around you will be enriched.

Within these pages you will learn to identify losing games that result from:

Childish strategies

Unhealthy beliefs

Losses that have not been resolved

Unresolved resentments about the past

An unbalanced life

Not having the appropriate parenting or marriage tools

Unhealthy temperament traits

Winning at a Losing Game helps you change your strategy in these and other areas so you can experience a more satisfying life and deeper relationships. It will give also give you the specific suggestions to help a loved one who is playing a losing game to change.

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