

The New Whole Foods Encyclopedia: A Comprehensive Resource for Healthy Eating

Rebecca Wood



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The New Whole Foods Encyclopedia: A Comprehensive Resource for Healthy Eating Rebecca Wood Provides information about the selection, characteristics, storage, use, and medicinal properties of natural fruits and vegetables. Title: The New Whole Foods Encyclopedia Author: Wood, Rebecca/ Pitchford, Paul (FRW)/ Markel, Peggy (ILT) Publisher: Penguin Group USA Publication Date: 2010/04/27 Number of Pages: 464 Binding Type: PAPERBACK Library of Congress: 2009052292

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