



Pâtisserie Gluten Free: The Art of French Pastry: Cookies, Tarts, Cakes, and Puff Pastries

Patricia Austin

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Pâtisserie Gluten Free offers a tantalizing collection of gluten-free recipes. This beautifully photographed cookbook is unique in presenting some of the most challenging treats to make without gluten: classic French pastries.

Written with meticulous detail and a warm and inviting style, *Pâtisserie Gluten Free* includes a wide array of recipes, ranging from delightful buttery French cookies to the ooh là là of elaborate flaky puff pastries.

The recipes skip the commonly used gluten-free binders—xanthan gum and guar gum— that are known to be of digestive sensitivity for many individuals. The takeaway is an elevated experience in gluten-free baking; from chocolate sea salt sablés to almond croissants, the results surprise and bring a smile to the staunchest of gluten-free skeptics.

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