



Viking Sword and Shield Fighting Beginners Guide Level 2

Colin Richards

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This book about learning Viking fighting techniques attempts to bring together the information handed down to us by Medieval and Renaissance masters of arms, and combine it with the authors 33 years experience of fighting with these weapons systems. This combined knowledge is distilled into a a series of simply presented, though comprehensive lessons designed to develop the skills of novice and experienced warriors alike. Filled with tactical tips and practical advice this book series brings a new dimension to step by step guides. It is filled with drills, exercises and the methodology of fighting with Viking Sword and Shield. With 226 Full colour pictures and 132 pages.



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