



Diabetes Ready Reference for Nurse Practitioners: Clear, Concise Guidelines for Effective Patient Care

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The Diabetes Ready Reference for Nurse Practitioners is a handy reference for nurse practitioners and all health care professionals who are responsible for the diagnosis, treatment, and general care of patients with diabetes and the numerous chronic conditions associated with the disease. Based on the popular American Diabetes Association (ADA) reference book, *The Diabetes Ready Reference for Health Professionals*, ADA worked in partnership with the American Academy of Nurse Practitioners to create a powerful and easy-to-use reference that provides on-the-spot answers and information for health care professionals who have many patients with diabetes and prediabetes and less time to devote to them.

In an easy-to-use bullet list format the guidebook covers:

Pathophysiology

Diagnosis

Admission Guidelines

Monitoring

Oral Medications

Insulin

Medication Effects

Hypo-/Hyperglycemia

Chronic Complications

Illness

Hospitalization and Surgery

Self-Management Education

Medical Nutrition Therapy

Physical Activity

Foot Care

In addition, the guidebook has a glossary of important terms, and a bibliography.

This critical, pertinent information—compiled by hospital-based diabetes care experts—is essential for physicians, nurses, or other health professionals who care for patients with diabetes.

All proceeds are used to further the American Diabetes Association's mission to prevent and cure diabetes and improve the lives of all people affected by diabetes.

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