



50 Healthy Reasons to Drink Coffee (The Coffee Scholar) (Volume 1)

Dr. David Powers

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Coffee is the closest thing we have to an affordable, non-prescription, readily available wonder drug. There's so much research out there that the fact you need more coffee in your life is pretty undisputed. Diabetes, Alzheimer's, Cancer, Weight Gain...just about everything is in here. Consider this book a primer for understanding the many ways that coffee can make you more awesome and just maybe make you live forever.

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