



# Meghan's World: The Story of One Girl's Triumph over Sensory Processing Disorder

*Diane M. Renna*

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MEGHAN'S WORLD is a true story about one girl's triumph over Sensory Processing Disorder (SPD). The story validates children's feelings and offers parents and teachers a look into the world of a child suffering from SPD. This book was inspired by Meghan's first school show and her behaviors before, during, and after the event. The story briefly explains the therapies Meghan did to help her overcome and loose diagnosis of her SPD and lists resources for reference. MEGHAN'S WORLD ends with an "About Me" page so parents can start a dialogue with their child - leading to insight about their own child's needs and wants. MEGHAN'S WORLD is a great book for children with diagnoses on the autism spectrum. It helps to promote understanding and social growth. Parents and teachers can help their children/students grow into their own accomplishments by learning how Meghan has dealt with the following issues: \* Sensory Modulation \* Sound Sensitivity \* Social Insecurity \* Hypo/Hyper-Responsiveness \* Tactile Defensiveness \* Visual Perception \* Sensory Processing \* Allergies/Food Intolerance

Note from Meghan's Mom/Author: Meghan is my daughter and this story is based on her first preschool show. She is not a fictional character. The therapies she did are listed in the order of how she did them, not every day...but, over a period of time. As time went on, the symptoms of her SPD improved and then diminished. You can read more about Meghan's complete journey at [meghanstriumphoverspd.com](http://meghanstriumphoverspd.com). Meghan lost diagnosis of her SPD around 1st/2nd Grade. In Sixth Grade...she was the star of the grade's school play. Presently, she is a happy, healthy teenager. You would never know she had any issues as a child. We wrote this book for other children/families in similar circumstances...to give them inspiration, hope, guidance, and help. You can best utilized this book by reading the story with your child. Then go to the "About Me" pages in the back and open a dialouge to further see and compare how your child feels. You may find out that your child has similar issues and/or you may find out he/she may have other intolerances. Then you hit the internet and research the therapies listed in the "Therapies and Helpful Information" section or on our website links to learn more about a particular traditional or alternative therapy that may help your child. Best wishes to you and your family. We hope you find the success our family has had. SPD comes with many gifts...expand upon those as well. Meghan loves the flute, singing, drawing, painting, tennis...shine bright and be all you can be!

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#### **Carole Arehart:**

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book and learn it. Beside that the guide Meghan's World: The Story of One Girl's Triumph over Sensory Processing Disorder can to be your friend when you're sense alone and confuse with the information must you're doing of this time.

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