



Nutrition and Dietary Advice in the Pharmacy

Pamela Mason

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Nutrition and Dietary Advice in the Pharmacy Pamela Mason

This book gives pharmacists the background knowledge necessary to give sound dietary advice in the pharmacy. Up-to-date nutritional information is presented in a readily accessible and relevant form. Since the first edition was published in 1994, there have been many new developments in nutrition, particularly in the area of coronary heart disease, cancer, infant nutrition and osteoporosis for which new official guidelines have been published.

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