



Follow Christ: Developing the Practices of an Intentional Disciple

David Nodar, Father Erik Arnold, Aly Ascosi

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...it is so beautiful to follow Jesus, to walk in the footsteps of Jesus, that you then find balance and move forward. Pope Francis

Walking in the footsteps of Jesus is a nice image, one which we aspire to as Christians. We go to mass, we pray, but we feel like there is more we could be doing and aren't sure what next steps to take.

In **Following Christ: Developing the Practices of an Intentional Disciple**, authors Dave Nodar, Fr. Erik Arnold, and Ally Ascosi lead us through the important, basic disciplines that characterize intentional disciples:

- Daily, deliberate personal prayer time
- Taking the Bible down from the shelf and really using it in your life
- The gift of the sacraments Christ gave us to give us the strength to follow him
- Forgiveness as a key element of discipleship
- What it means to live a life empowered by the Holy Spirit

Finally, you'll learn to recognize and defend against the struggles that often accompany a new or renewed relationship with Christ.

Pope Francis said, Let us ask ourselves: How do I follow Jesus? **Follow Christ** begins to show us the way.

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A lot of people always spent all their free time to vacation or go to the outside with them household or their friend. Do you know? Many a lot of people spent that they free time just watching TV, or playing video games all day long. In order to try to find a new activity honestly, that is look different you can read a new book. It is really fun to suit your needs. If you enjoy the book that you simply read you can spent all day long to reading a publication. The book Follow Christ: Developing the Practices of an Intentional Disciple it is quite good to read. There are a lot of folks that recommended this book. These were enjoying reading this book. If you did not have enough space bringing this book you can buy the actual e-book. You can m0ore simply to read this book from the smart phone. The price is not too costly but this book features high quality.

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