



# TMJ Miracle: Recovery from Whiplash, Fibromyalgia and Related Disorders

*Zoe Moraga*

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Book One: captivating true story! After a foolish joke from our ski instructor, I was abandoned on a backcountry ski piste with a concussion of the brain and partial amnesia. Part of myself had deserted me. Needing to find myself I left Patrick, my companion I had wanted to spend my whole life with. Then, an almost 14-year-long search and survival in a kind of second childhood. My strength was my faith in God's guidance. This path searching for help to recover my strength made me travel to Paris–France, Hamburg and southwest Germany, then Nice–France, Verona–Italy, and finally Los Angeles. It lead me to the TMJ miracle. TMJ? Two keys of life and regeneration from head-to-toe, giving a better flow of cerebrospinal fluid for my extremely sensitive senses, coordination, concentration and...memory. Oh my memory! "TMJ miracle" meant my complete recovery thanks to the right repositioning of the condyle and disc of the TMJ—with orthopedics. A 120-year-old taboo subject hidden from people. "Over 60 million people concerned in America...A failure of the healthcare system worldwide," expressed Dr. Uppgaard in Taking Control of TMJ. Book Two: Tell us about your positive energy. Debilitated globetrotter, Zoe, at age 35 begins almost 14 years of searching for reasons about her state. A captivating story leading to a never-before-told testimony about two misunderstood, extraordinary joints, and often misdiagnosed disorders associated with them: our TMJ. David Alpan D.D.S., M.S.D., Orthodontist and TMJ therapist, Founder of Aesthetic Orthodontics—Los Angeles, Beverly Hills, California; Las Vegas, Nevada, USA (1) Renée & Milton Glass, Co-Presidents and Founders of the Jaw Joints & Allied Musculo- Skeletal Disorders Foundation Inc., (JJAMD, Inc.)—Massachusetts, USA (2) John E. Upledger D.O., O.M.M., Cranio-sacral Therapy, Founder of The Upledger Institute Inc.—Florida, USA (3) Robert O. Uppgaard D.D.S. (see Foreword), TMJ specialist and author of Taking Control of TMJ (New Harbinger Publications, Inc., 1999)—Minnesota, USA (4) Dr. Harold Eymmer, TMJ/CMD specialist, Dental Highcare Center Hamburg—Germany (5) Dr. Melita Mucha, Internist—Schwarzenbek, Germany Prof. Dr. Norbert O. Schmedtmann, Dentist, TMI specialist, DentalPark Klinik,—Ebsterf, Germany (6) Prof. Dr. Claus H. Siemsen, specialist in Orthopedics, Orthopedic Surgeon, Manual Therapist, and Osteopath—Buxtehude, Germany (7) Ellen Stüber, Physical Therapist for cranio and TMJ—Hamburg, Germany (8) Dr. Erika Winter, Markus Klinik—Bad Driburg, Germany Bernard Autet D.O., M.R.O. (F), Osteopath specialized in Posturology, Founder of L'Institut Toulousain—Toulouse, France (9) Dr. Michel Franchi, TMJ specialist—Arles, France Christian Richard, Physical Therapist and D.O. (Maidstone GB)—Montpellier, France Dr. Amelie Troussel Daragon, Biologist—Marseille, France Dr. Michel Cardonnet, TMJ specialist, and Dr. Antoni Patti, Orthodontist, CISCO—

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